

PHED 2121 – Outdoor Adventure Activities Spring, 2017 – Tuesday/Thursday @ 1:10

INSTRUCTOR: **Patty Donaldson**
OFFICE HOURS: Monday & Wednesday: 3:00 – 5:00pm
Tuesday & Thursday: 3:00 – 4:00 pm
Friday: by appointment
E-MAIL: pdonaldson@angelina.edu
PHONE: 936-633-5435
214-507-1872 (cell)

COURSE DESCRIPTION: Students will participate a variety of outdoor and adventure activities designed to acquaint students with local opportunities.

CREDIT HOURS: One credit hour

PREREQUISITES: None

AUDIENCE: Sophomores

OBJECTIVES:

- Learn fitness principles and warm-up activities.
- Learn and demonstrate safety principles for each activity.
- Learn and demonstrate use of appropriate equipment for each activity.
- Organize and analyze the course information so that the information can be creatively evaluated and implemented.

COURSE CONTENT:

- Participate in fitness routines.
- Participate in a variety of activities including, but not limited to: group dynamics, hiking, zip-lining, disc golf, geocaching, adventure racing, and ultimate frisbee.
- Written quizzes and discussion assignments on Blackboard

CORE OBJECTIVES (pending approval by THECB)

- Critical Thinking will be indirectly assessed through ability to assess a situation and respond appropriately.
- Communication will be directly assessed through appropriate verbal communication required for each activity as well as responses on written assignments.
- Social Responsibility will be directly assessed through ability to maintain classmates' safety by following established protocol.
- Personal Responsibility will be indirectly assessed through timely attendance and participation.

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TEACHING PROCEDURES:

- 20% of class time: Lecture, demonstration, & tests
- 80% of class time: activities

EVALUATION: The grade will be derived from the following:

- 75%: Attendance/Participation (50% if tardy)
- 25% Written Work (assignments, quizzes, and exams)

A=90-100%, B=80-89.4%, C=70-79.4%, D=60-69.4%, F=below 59%

POLICIES:

- It is the responsibility of the student to attend all classes and to know how many absences they have in the class. A record of attendance will be kept. It is also the responsibility of the student to withdraw officially in the College Registrar's office from a class the student no longer desires to attend. Students may be dropped for non-attendance. All missed assignments, tests, and work will result in a "0" grade and will be averaged into your cumulative grade.
- Any behavior that would disrupt classroom discussion or instruction will not be tolerated and the student will be asked to leave the classroom and must meet with the instructor before re-admittance back into the class.
- **Cell phones are to be kept put away with personal items and turned off during all class times unless required for a specific activity.**
- **No tobacco products may be used on campus property at any time.**
- No children or guests are allowed in class without prior permission.
- Students will be automatically registered at www.getrave.com for emergency notifications. If you wish to be removed from the emergency notification system, go to getrave.com to unsubscribe.
- If you have a disability (as cited in Section 504 of the Rehabilitation Act of 1973 or Title II of the Americans with Disabilities Act of 1990) that may affect your participation in this class, you should see Sellestine Hunt, Associate Dean of Student Services, Student Center, Room 200. At a post-secondary institution, you must self-identify as a person with a disability; Ms. Hunt will assist you with the necessary information to do so.
- To report any complaints of discrimination related to disability, you should contact Dean Steve Hudman in Student Center, Rm. 101, [\(936\) 633-5292](tel:9366335292) or by email at shudman@angelina.edu.

TEST DATES:

Quizzes and written work will be given periodically throughout the semester, and the final review & exam at the end of the semester (April 27th or May 2nd).

IF THE STUDENT EXPERIENCES PERSONAL INJURY WHILE PARTICIPATING IN ASSIGNED ACTIVITIES, IT IS THE STUDENT'S RESPONSIBILITY TO INFORM THE INSTRUCTOR. THE INSTRUCTOR WILL DETERMINE THE APPROPRIATE FOLLOW-UP ACTION. ANY EXPENSES INCURRED MAY BE AT THE LEARNER'S EXPENSE. THE FACULTY WILL REQUIRE AN OFFICIAL HEALTH RELEASE TO RETURN AND/OR CONTINUE ACTIVITIES.

Syllabus is subject to change and to the weather.

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Week	Date		Absent?
1	1/17	G102: Introduction, email/text, syllabus	
	1/19	WALK: syllabus quiz on Blackboard	
2	1/24	G102: Fitness notes & equipment/phone apps	
	1/26	Group Initiatives	
3	1/31	Hiking	
	2/2	Hiking	
4	2/7	Zip-lining	
	2/9	Zip-lining	
5	2/14	Geocaching	
	2/16	Geocaching	
6	2/21	Adventure Race	
	2/23	Adventure Race	
7	2/28	WALK: mid-term quiz (Blackboard)	
	3/2	Disc golf (Kiwanis Park)	
8	3/7	Disc golf (Kiwanis Park)	
	3/9	Disc golf (Kiwanis Park)	
		Spring Break (3/13/17 – 3/17/17)	
8	3/21	Disc golf (Morris Frank park)	
	3/23	Disc golf (Morris Frank park)	
9	3/28	Ultimate Frisbee (soccer field?)	
	3/30	Ultimate Frisbee (soccer field?)	
10	4/4	Croquet	
	4/6	Croquet	
11	4/11	WALK: activity quiz (Blackboard)	
	4/13	Water craft?	
12	4/18	Water craft?	
	4/20	Water craft?	
13	4/25	Final Exam Review & Learner Survey (G102)	
	4/27	Tuesday: Final Exam at 1:10	
14	5/2	Cook-out? (weather dependent)	

All of the above activities are weather dependent and subject to change!